

GREEN CLEANING GROCERY LIST

Item	Where To Find
Borax	In the laundry soap aisle of most grocery stores
Arm & Hammer Washing Soda (not baking soda)	In the laundry soap aisle of some grocery stores—I've found it at Nob Hill and Super Max stores
Kosher Salt	In the baking aisle of most grocery stores. You're not looking for a gourmet brand (Morton's is available almost everywhere).
White Vinegar	Costco has the two gallon box that really is the best value
Arm & Hammer Baking Soda (13 lb bag)	In the baking aisle at Costco
Food Coloring	In the baking aisle of most grocery stores
Essential Oils	Whole Foods, auracacia.com, GNC carries the peppermint oil, swansonvitamins.com (best prices)

Other Recommended Green-er Cleaners	Why they're better and where to find
Method "Smarty Dish" non-toxic dishwasher detergent tabs	Find at Target: Biodegradable, no phosphates, no chlorine, reasonable price
Kirkland Brand Environmentally Friendly Liquid Dish Soap (Also doubles as a great hand soap refill)	Find at Costco: Biodegradable, no phosphates or dyes, plant-based formula, natural fragrance, made from bio-renewable resources, reasonable price
Kirkland Brand Environmentally Friendly Fabric Softener (Remember, white vinegar is a good fabric softener too!)	Find at Costco: Biodegradable, plant-based formula, natural fragrance, no phosphates or dyes, made from renewable resources, reasonable price