



# The Gonzales Way

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How we raise happy, healthy, successful children

<http://www.gonzalesca.gov>





City of Gonzales  
**City Council Meeting**

MONDAY,  
**APRIL 15TH @ 6PM**  
at the Gonzales Council  
Chambers located at 117  
4th street

Talk Openly, Share Opinions  
& Ask Questions  
Free & Open to the public



scan QR to join

Join via Zoom:

<https://us06web.zoom.us/j/84646456042>

View our Agenda Packet:

<https://gonzalesca.iqm2.com/Citizens/Default.aspx>



Ciudad de Gonzales  
**Reunión del Consejo de la Ciudad**

LUNES,  
**ABRIL 15 A LA 6PM**  
en la Cámara del Consejo  
Gonzales ubicada en 117  
4th street

Hable abiertamente,  
comparta opiniones y haga  
preguntas  
Libre, abierto al público



escanea QR para unirte

Únase a través de Zoom:

<https://us06web.zoom.us/j/84646456042>

Veamos nuestro paquete de agenda:

<https://gonzalesca.iqm2.com/Citizens/Default.aspx>



**ATTENTION!  
CITY OF GONZALES  
RESIDENTS**



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**SUBSCRIBE TO OUR NEWSLETTER TODAY  
AND STAY IN TOUCH WITH OUR LATEST  
NEWS AND EVENTS**

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**ATENCION!  
CUIDAD DE GONZALES**



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**SUSCRIBASE A NUESTRO BOLETIN HOY Y  
MANTENGASE ENFORMADO CON NUESTRAS  
ULTIMAS NOTICIAS Y EVENTOS**

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**INTERNET IS FOR  
EVERYONE!**

To apply  
scan QR  
code



**INTERNET ES PARA  
TODOS!**

Escanee el  
código QR  
para aplicar





## Monterey-Salinas Transit (MST) SERVICE CHANGES go into effect beginning Saturday, February 3rd

Line 7 (Monterey – Ryan Ranch): Major schedule changes with new routing. Line 7 will now serve the Monterey Courthouse.

Line 8 (Monterey – CHOMP): Major schedule changes with new routing. Will no longer serve the Monterey Courthouse or Merrill Gardens. Will now serve MPC Quad but will NOT travel through MPC on Via Lavandera.

Line 43 (Salinas – South Main via SVH): Schedule modification – additional late evening service on weekdays only. Please note: SVMH has been renamed SVH.

Line 44 (Salinas – Westridge): Major schedule modification. New schedule, and frequency will be increased to every 30 minutes.

Line 46 (Salinas – Natividad): Major schedule modification. New schedule, frequency will be increased to every 30 minutes and will operate later daily.

Line 61 (Salinas – VA DOD Clinic): Minor modification. Line 61 at Salinas Transit Center (STC) will now stop at Gate 8.

For more information, visit [www.mst.org](http://www.mst.org) or call Monterey-Salinas Transit toll-free at 1-888-MST-BUS1 (1-888-678-2871)

## Monterey-Salinas Tránsito (MST) LOS CAMBIOS EN EL SERVICIO entran en efecto a partir del Sábado 3 de febrero

Línea 7 (Monterey – Ryan Ranch): cambios importantes en el horario con nueva ruta. La línea 7 ahora dará servicio al Palacio de Justicia de Monterey.

Línea 8 (Monterey – CHOMP): cambios importantes en el horario con nueva ruta. Ya no prestará servicio al Palacio de Justicia de Monterey ni a Merrill Gardens. Ahora prestará servicio a MPC Quad pero NO viajará a través de MPC en Via Lavandera.

Línea 43 (Salinas – South Main vía SVH): Modificación de horario – servicio adicional nocturno solo de lunes a viernes. Tenga en cuenta: SVMH ha pasado a llamarse SVH.

Línea 44 (Salinas – Westridge): Modificación importante de horario. Nuevo horario y frecuencia se incrementará a cada 30 minutos.

Línea 46 (Salinas – Natividad): Modificación importante de horario. Nuevo horario, la frecuencia se incrementará a cada 30 minutos y operará más tarde todos los días.

Línea 61 (Salinas – Clínica VA DOD): Modificación menor. La línea 61 en Salinas Transit Center (STC) ahora parará en la Puerta 8.

Para obtener más información, visite [www.mst.org](http://www.mst.org) o llame gratis a Monterey-Salinas Transit al 1-888-MST-BUS1 (1-888-678-2871)



# Gonzales Community Church Clothing Closet

OPEN

TUESDAY - WEDNESDAY 2PM TO 4PM  
THURSDAY 1-3PM

LOCATED AT THE MISSION ANNEX ON  
4TH AND DAY STREET



# Armario de Ropa de la Iglesia Comunitaria de Gonzales

ABIERTO  
MARTES - MIÉRCOLES 2PM A 4PM  
Jueves 1-3PM

UBICADA EN EL ANEXO DE LA MISIÓN  
EN LA CALLE 4 Y DÍA





*Weekly*

**FOOD  
DISTRIBUTIONS**



*Semanalmente*

**DISTRIBUCIONES  
DE ALIMENTOS**



**EVERY 3rd THURSDAY OF THE MONTH**

At Saint Theodore's Church  
**9:30 AM TO 10:30AM**



**EVERY 3rd & 4th FRIDAY  
OF THE MONTH**

at the Mission Annex on 4th & Day Street

**9:00 AM**



**CADA TERCER JUEVES DEL MES**

En la iglesia de San Teodoro  
**9:30 AM TO 10:30AM**



**CADA TERCERA y CUATRO VIERNES  
DEL MES**

en el anexo Misson en 4th & Day Street

**9:00 AM**



### CUSTOMER SERVICE LOCATIONS



#### SALINAS TRANSIT CENTER

110 Salinas St., Salinas



#### MARINA TRANSIT EXCHANGE

280 Reservation Rd., Marina



#### BUS STOP SHOP

201 Pearl St., Monterey



# GROUP DISCOUNT PROGRAM

The Monterey-Salinas Transit Group Discount Program provides 31 Day MST GoPasses at reduced costs. Based on the number of GoPasses your organization orders, participants can enjoy substantially reduced costs – making riding the bus an outstanding benefit. For more information, or to enroll, please, visit [www.mst.org/fares/passes.group-discounts/](http://www.mst.org/fares/passes.group-discounts/) or call 1-888-MST-BUS1 (1-888-678-2871).

### SAVE UP TO

- 5-20 GoPasses – 25% Discount  
Monthly GoPass – \$52.00
- 21+ GoPasses – 35% Discount  
Monthly GoPass – \$45.00



**SHOP NOW**

[www.mst.org/fares/passes/group-discounts](http://www.mst.org/fares/passes/group-discounts)



A Place Of Learning For Unlicensed Childcare Providers And Children

## Do You Take Care of Kids?

**PARTICIPATE IN FREE PLAYGROUPS!  
IN: GONZALES, GREENFIELD, KING CITY**

Our program supports unlicensed Child Care Providers with playgroups, educational workshops, and resources for high quality child care. Join us and meet other providers within your community



Play



Learn



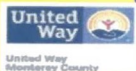
Have Fun

PLEASE CONTACT: DENISE JAIME

831.525.5057



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Un Lugar De Aprendizaje Para Cuidadoras Sin Liscensia y Niños!

## ¿Cuida niños en su casa?

**¡PARTICIPE EN GRUPOS DE JUEGO GRATIS!  
EN LAS COMMUNIDADES DE  
GONZALES, GREENFIEFIELD, KING CITY**

El programa apoya a proveedoras sin licencia con grupos de juego, talleres de aprendizaje y recursos para cuidado de alta calidad. Acompañenos y conozca a otras proveedoras de su comunidad.



Juega



Aprende



Diviértete

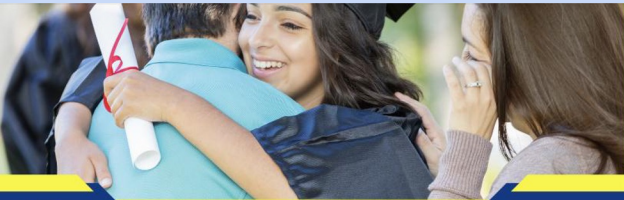
COMUNIQUESE CON: DENISE JAIME

831.525.5057



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**SSRC**

Silver Star Resource Center (SSRC) is a multi-agency collaborative of prevention and early intervention services designed to promote positive youth developments by reducing risk factors that lead to gang involvement and delinquency of youth in Monterey County ages 6-21. The collaborative provides a "ONE-STOP" location of caring connection for youth and family services. SSRC employs an innovative, multi-agency approach that combines probation supervision, educational, vocational and job training, counseling and mediation services, anger management, truancy abatement, mentoring outreach to the community, substance abuse programs a family support service to at-risk or gang involved youth.

**Our Services**

**Partners For Peace**  
Building strong families!

**PARTNERS FOR PEACE (P4P) FAMILY EDUCATION**  
754-3888

Providing a continuum of family education services:

- **Strengthening Family Program (SFP)** for caregivers and their youth ages 7-17.
- **Parent Project, Sr. (PP)** for parents/caregivers only of youth with difficult or out-of-control behaviors 11-17.
- **Parent Project, Jr. - Loving Solutions (LS)** prevention program for parents and caregivers only of youth 5-10.
- **Familia Adelante** for caregivers and their youth 9-16. Program gives families new techniques for identifying stressors and risk factors and reduces the effects of acculturation stress.

**STEP UP GROUP MENTORING AND THE FAMILY ACCEPTANCE PROJECT**  
754-3888

- **Step Up Mentoring** serves youth in Salinas and Soledad and provides group mentoring for youth with one or more risk factors. Youth Step-Up an out of life circumstances that limit their options. Youth learn modern life skills for success and earn reward field trips. 7th and 8th graders only.
- **Family Acceptance Project** provides support groups for families of LGBTQ+ youth.

**CHILDREN'S BEHAVIORAL HEALTH**  
796-1378

**MONTEREY COUNTY BEHAVIORAL HEALTH**  
Avanzando Juntos  
Forward Together

Provides counseling for youth, ages 7-18, with mental health or substance abuse needs.

**community human services**  
hope. help. here.

**COMMUNITY HUMAN SERVICES DAISY/YATV**  
747-0717

- **DAISY, Drug and Alcohol Intervention Services for Youth** and family support for youth abusing substances ages 13-18.
- **YATV, Youth Alternatives to Violence** incorporate diverse education anger management resources and techniques for youth 13-18.

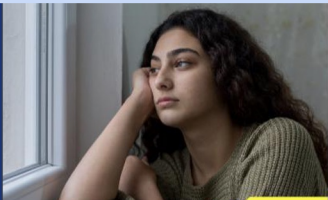
**MONTEREY COUNTY WORKS**  
796-1352

**MONTEREY COUNTY WORKFORCE DEVELOPMENT BOARD**

- Provides youth with employment services, job skills training, and encouragement to stay in school or help to find jobs.

**RESTORATIVE JUSTICE PARTNERS (RJP)**  
796-6896

- Provides a Victim Impact Program for youth to gain a deeper understanding of the impact crime has on victims, their families and the community. Enhances empathy skills and sensitivity to victims' perspectives. Additional case services/support on various campuses.



Families and youth can be referred by community agencies or self-referred for services.

**Additional Collaborative Partners**

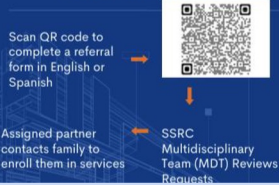
- **Harmony At Home** provides counselling that promotes alternatives to violence and healthy ways to communicate in relationships. 625-5260
- **California Youth Outreach** provides reentry programs for determined youth and young adults. (559) 445-2680
- **Sun Street Centers** provides life skills training and parenting classes for at-risk youth and their families. 753-5150

**Silver Star Resource Center**



**Silver Star Resource Center**

**How SSRC Works?**



**More Information**

[www.co.monterey.ca.us  
Type in Probation Silver Star Resource Center](http://www.co.monterey.ca.us>Type in Probation Silver Star Resource Center)

**Silver Star Resource Center**

855 E. Laurel Drive, Bldg. H, Salinas, CA 93905

**Services for families and at-risk (at-promise) youth.**

**MONTEREY COUNTY PROBATION DEPARTMENT**  
755-8917

Acts as the lead agency and provides referral processing family assessments, case management and truancy supervision in collaboration with the Monterey County DA's office.



**YOU CAN MAKE A DIFFERENCE  
IN A CHILD'S LIFE!**



Court Appointed Special Advocates (CASAs) are community volunteers trained to advocate for the best interest of abused and neglected children in the foster care system.

\*CASA volunteers must be 21 or older

For more information, visit us at  
[www.casaofmonterey.org](http://www.casaofmonterey.org)  
or email at  
[info@casaofmongerey.org](mailto:info@casaofmongerey.org)

**SIGN UP FOR AN INFO MEETING:**



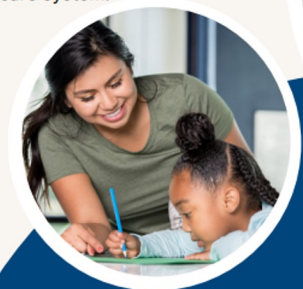
**Info Meetings Are Held  
Mondays and Thursdays**

Call the office to schedule a 1-on-1  
Info Meeting  
(831) 222-3965



**Be the Change  
Be the Voice of Hope  
Be a **CASA****

Court Appointed Special Advocates (CASAs) are community volunteers trained to advocate for the best interest of abused and neglected children in the foster care system.



Sign up for an  
**INFO  
MEETING**



**EMPOWER A  
CHILD IN  
FOSTER CARE.**

**CASA NEEDS  
YOUR SUPPORT!**

For more information please visit  
[www.casaofmonterey.org](http://www.casaofmonterey.org) or  
Call us 831-222-3965

# DRUG AWARENESS WEBINAR

WEDNESDAY, APRIL 17, 2024  
5:30PM-7:00PM



## DISCUSSION & INSIGHT

Sun Street Centers invites you to a virtual gathering to learn more about drug trends impacting youth and families in Monterey County and ways to get involved in community prevention efforts.

In partnership with Sun Street Centers, local health care professional from our Monterey County hospitals will be sharing their individual insight, highlighting key points related to overdose risks associated with substance use.

## REGISTRATION

This free webinar will be taking place via Zoom and Facebook Live. You must register through Zoom using link below or scanning the QR code above.

REGISTER TODAY:

[https://us06web.zoom.us/join/register/tZEkdQCprjgiEt2liNqPcurXLuD0pu\\_Tgkn4](https://us06web.zoom.us/join/register/tZEkdQCprjgiEt2liNqPcurXLuD0pu_Tgkn4)



FOR MORE INFORMATION, CONTACT:  
REYNA ALCALA, DIRECTOR OF PREVENTION SERVICES  
(831) 753-5150 OR [RALCALA@SUNSTREET.ORG](mailto:RALCALA@SUNSTREET.ORG)



# T-Mobile

## Universal Internet Pilot Project is coming to an end



After 3.5 years, the city has decided that it is in our city budgets best interest to gradually term all hotspot devices that the city provided to community members.

ALL hotspots will be terminated by June 2024.

**For questions**

Please call Gonzales City Hall at 675-5000

# T-Mobile

## El Proyecto Piloto de Internet Universal está llegando a su fin



Después de 3.5 años, la ciudad ha decidido que es en el mejor interés de la ciudad gradualmente apagar todos los aparatos de hotspot que la ciudad distribuyó.

TODOS los hotspots serán desactivados en junio de 2024.

**For questions**

Please call Gonzales City Hall at 675-5000



Remember that plastic and trash don't go in your green organics cart. Food scraps & yard waste become compost for our fields, and lettuce won't grow from plastic. To learn more about food scraps and yard waste recycling, visit

<https://svswa.org/residential/green-curb-side-cart/>



**ties Disposal & Recy**  
**(888) 678-6798**



Recuerde que el plástico y la basura no van en su bote verde. Las sobras de comida y los desperdicios del jardín se convierten en abono para nuestros campos, y la lechuga no crecerá en el plástico. Para obtener más información sobre el reciclaje de sobras de comida y desperdicios de jardín, visite

<https://svswa.org/residential/green-curb-side-cart/>



**ties Disposal & Recy**  
**(888) 678-6798**





# GONZALES PROTECT YOURSELF AND YOUR FAMILY!



As we get into Mosquito season please make sure you don't have any standing water around your home as it will attract mosquitos.



# GONZALES PROTEJETE A TI MISMO Y A TU FAMILIA!



A medida que nos acercamos a la temporada de mosquitos, asegúrese de no tener agua acumulada alrededor de su casa, ya que atraerá a los mosquitos.



SAVE THE DATE  
APRIL 27, 2024 - 1:00PM

GROUNDBREAKING CEREMONY FOR  
PHASE 1 OF THE  
DENNIS & JANICE CAPRARA  
COMMUNITY CENTER COMPLEX



The event will be at the site  
Gabilan Court/5th Street  
East of Fairview Middle School

Scan the QR Code for more information and  
to see a fly-through video of the complex.



RESERVA LA FECHA  
ABRIL 27 DEL 2024-1:00PM

CEREMONIA DE CONSTRUCCIÓN DE LA  
PRIMERA FASE DEL  
CENTRO COMUNITARIO  
DENNIS Y JANICE CAPRARA



El evento será en el lugar  
del centro comunitario  
Gabilan Court/5th Street  
Al este de la Escuela Secundaria Fairview

Escanee el código QR para obtener más  
información sobre el entro.







# SAVE THE DATE!

City of Gonzales  
2024 CAR SHOW

Join us on Saturday April 20th from  
1-4PM for Music, a Car Show, Food  
Vendors and a Children's Fun Area!



# GUARDE LA FECHA!

Exhibición de autos  
de la Ciudad de  
Gonzales 2024

Acompañenos el Sábado 20 de Abril  
de 1-4PM para música, exposición de  
autos, vendedores de comida y un  
área de diversión para niños.

# CITY OF GONZALES 2024 CAR SHOW

## NOW ACCEPTING REGISTRATIONS!

Saturday, April 20, 2024 from 1-4PM

SCAN QR CODE TO VIEW  
APPLICATION



**\$40- Pre registration**

PRE- REGISTERED VEHICLES/BIKES MUST ARRIVE BETWEEN 8-11AM

**\$50- On site registration**

ON SITE REGISTERED VEHICLES/ BIKES MUST ARRIVE BETWEEN 10-11AM

Registrations can be picked up at City Hall OR found on our website:  
[gonzalesca.gov](http://gonzalesca.gov)

For questions e-mail: [jalbor@ci.gonzales.ca.us](mailto:jalbor@ci.gonzales.ca.us) OR call: 831-675-4206





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GROUNDBREAKING CEREMONY FOR  
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Gabilan Court/5th Street  
Al este de la Escuela Secundaria Fairview

Escanee el código QR para obtener más  
información sobre el entro.



April 1 - May 19

**FREE**

**FREE TIRE RECYCLING**  
AT ALL 3 LOCATIONS



1 de abril - 19 de mayo

**GRATIS**

**RECICLAJE GRATIS DE LLANTAS**  
EN NUESTRAS 3 LOCALIDADES



(831) 775-3000



**SALINAS**

Salinas Valley Recycles  
Recycling Center  
1104 Madison Lane

**GONZALES**

Johnson Canyon Landfill  
31400 Johnson Canyon Road  
*Open on Sundays!*  
*abierto los domingos!*

**KING CITY**

Jolon Road  
Transfer Station  
52654 Jolon Road



- Car and small truck tires (with or without rims)
- Residents only (no businesses)
- Limit 9 tires per trip
- *Llantas usadas de carros y camionetas con o sin rines.*
- *Los negocios NO puede participar en este evento.*
- *Limite de 9 llantas por viaje.*

CalRecycle 







# WE'RE HIRING!

## FIREFIGHTER ENGINEER

Salary: \$4,896 - \$6,662/month

**Job Summary:** Performs all duties of a Firefighter Engineer as assigned and when called upon drives and operates a variety of Fire Department vehicles and other specialized equipment in emergency situations; responds to fire alarms, emergency calls and take appropriate action in the protection of life and property; operates and maintains firefighting apparatus, equipment and stations; participates in fire inspections, investigations, and/or public education events as assigned; oversees and trains less experienced, subordinate, and/or volunteer firefighters as assigned; functions as a positive and cooperative team member.

**Requirements:**

1. High School diploma or GED.
2. California State Fire Marshal Firefighter 1 Certification, or academy graduate with pending Firefighter 1 certification
3. EMT-1 Basic (State of California Certification).
4. Valid California Driver's license, with Firefighter endorsement within 90 days of hire.
5. ICS 100/200, 700-800
6. Diver Operator 1A/1B highly desired.

For application materials, please visit the City's website at:  
[gonzalesca.gov/services/human-resources/job-opportunities](http://gonzalesca.gov/services/human-resources/job-opportunities)



# WE ARE HIRING!

## PUBLIC WORKS TECHNICIAN

Salary: \$4,344 - \$5,912/month

Deadline: March 26, 2024



OR

## PUBLIC WORKS MAINTENANCE

### WORKER

Salary: \$3,596 - \$4,893/month

Deadline: March 26, 2024



For the job announcement and application materials, please visit the City's website:

[gonzalesca.gov/services/human-resources/job-opportunities](https://gonzalesca.gov/services/human-resources/job-opportunities)

For questions please email: [cfirme@ci.gonzales.ca.us](mailto:cfirme@ci.gonzales.ca.us)

## ACP Is Winding Down: FAQ for Constituents

### **What Is Happening to the Affordable Connectivity Program (or ACP)?**

The Federal Government had set aside \$14.2 billion to help people afford high-speed internet through the Affordable Connectivity Program, which provides a \$30 credit to reduce the cost of internet service for eligible households. Depending on the service offering, some households utilized the credit to acquire internet service at no cost to them. Households that enrolled on or before February 7, 2024, will receive federal credits until the funding runs out.

The expected date for federal money to run out if congress does not provide additional funding, is April 2024.

### **When Will the Last Voucher Be Applied to a Participants Internet Bill?**

May 2024 is the last month for any level of support from the ACP. In April, enrolled households will receive their last full \$30 credit. In May, enrolled households will receive a partial credit, based on available federal funding.

### **How You Can Help Your Constituents?**

The ACP allowed your constituents to utilize the federal credit in a manner that best suited their household needs. Accordingly, the end of the program will impact each household differently. It is critical that your constituents contact their broadband provider, so they can determine the best next steps for them and their household. Generally, your constituents can choose to either a) apply for a low-cost plan for eligible customers, b) select a different service package, or c) cancel their broadband service plan.

Constituents received at least two notifications from their broadband provider detailing next steps. If your constituent is not able to locate one of those notifications, please direct them to:

- 1) Call the customer service number on their bill and ask to speak with a representative that can assist them with selecting an available option, or
- 2) Direct them to visit their providers website.

For your use, we have provided a list of CalBroadband member company websites with information about the ACP winddown. We will update this information as more information becomes available:

[Astound](#)

[Comcast](#)

[Cox](#)

[Digital West](#) (brought to you by Astound)

[enTouch Systems](#) (brought to you by Astound)

[Grande Communications](#) (brought to you by Astound)

[Mediacom](#)

[RCN Corporation](#) (brought to you by Astound)

[Vyve](#)

[Wave Broadband](#) (brought to you by Astound)

[Xfinity](#)

[Xstream](#)





# The City of Gonzales is Seeking Individuals for our 2024 Summer Aquatics Recreation Programs!

- Lifeguards \$16.65 (Starting Rate)
- Swim Instructors \$16.00 (Starting Rate)
- Recreation Leader I \$16.00 (Starting Rate)

Please submit to [jalbor@ci.gonzales.ca.us](mailto:jalbor@ci.gonzales.ca.us)

All applications are due Friday, April 12

Interested candidates may obtain information &  
application materials at our City's website  
OR by stopping by City Hall to pick up an application.



# We Are Hiring!

The City of Gonzales is looking for Seasonal  
Summer 2024 Camp Counselors

**STARTING PAY RATE: \$16.00**

**SUMMARY:** Under general supervision, supports in the development and safety of all students in the program. Exudes excellent customer service for all recreation program patrons. Work Closely, in person, with children ages 4-13. must be able to assist with academics, organization and facilitation of activities. Must be available to work Monday-Friday between 8AM-6PM. Schedules will be determined upon hiring.

## REQUIREMENTS:

- ✓ Must be at least 18 years of age
- ✓ Must have current certification CPR & First Aid (or willing to acquire)
- ✓ Must comply with all safety protocols established by the program
- ✓ Must work well with children ages 4-13

## To Apply:

Download application from:  
[gonzalesca.gov/services/human-resources/  
job-opportunities](https://gonzalesca.gov/services/human-resources/job-opportunities)

Use Application for Rec Leader 1  
Submit to: [jdouglas@ci.gonzales.ca.us](mailto:jdouglas@ci.gonzales.ca.us)





**CALIFORNIA FIRE WOMEN & MPC OFFER:**  
**GIRLS FIREFIGHTER CAMP** 2024

Experience what it takes to be a firefighter  
in this **FREE** one day camp for girls ages 14-18

Hands-On Skill Building • Leadership Training • Confidence Boosting

**SATURDAY | April 20<sup>th</sup> | 7am - 5pm**

Location: Seaside, CA

**READY TO  
WORK!**

**SPACE IS LIMITED!**  
Apply today at [mpc.edu/firecamp](https://mpc.edu/firecamp)







FREE & OPEN TO PUBLIC

**NARCAN**

**SAVE A LIFE**

Available @ Gonzales Fire Department



**PREVENT AN OPIOID OVERDOSE**

Given as a nasal spray, can reverse the effects of an opioid overdose.

**FREE narcan kits**

Address: 325 Center St, Gonzales, CA 93926

Contact #831-675-4204



Abierto al Publico

**NARCAN**

**SALVA UNA VIDA**

Disponible @ Gonzales Fire Department



**Prevenir una sobredosis de opiaceos**

Administrado en forma de aerosol nasal puede revertir los efectos de una sobredosis de opiaceos

**Kits de Narcan Gratis**

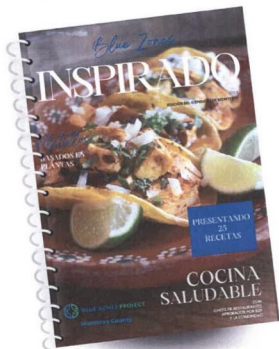
Domicilio: 325 Center St, Gonzales, CA 93926

Numero de Contacto: 831-675-4204

Blue Zones Project Monterey County presenta...

# LIBRO DE COCINA INSPIRADO EN BLUE ZONES

EDICION DEL CONDADO DE MONTEREY



Para ver el libro digital,  
escanea el código QR o visita:  
[bit.ly/BZPMCLibroDeCocina](http://bit.ly/BZPMCLibroDeCocina)

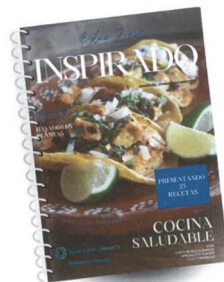


Descubre los sabores vibrantes del Condado de Monterey. Creado con amor, saborea los secretos de la longevidad y el bienestar. Disfruta un estilo de vida más saludable y feliz.

- ✓ Libro de cocina digital gratuito
- ✓ Ingredientes a base de plantas
- ✓ 25 recetas fáciles de seguir
- ✓ Recetas locales de chefs de restaurantes aprobados por BZP, miembros de la comunidad y el equipo de BZP.

APRENDE MÁS SOBRE BZP:  
[montereycounty.bluezonesproject.com](http://montereycounty.bluezonesproject.com)

@bzipmontereyco



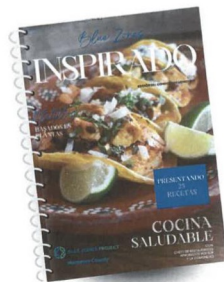
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# FAMILY CIRCLES

January - June 2024

## **SALINAS**

- Mondays 11:00am - 1:00pm  
Salinas WIC  
632 E Alisal Street
- Mondays 3:00pm - 5:00pm  
Roosevelt Townhomes Community Room  
522 Roosevelt Street
- Wednesdays & Saturdays  
10:00am - 11:30am & 12:30pm - 2:00pm  
Temple Beth El  
1212 Riker Street



## **GONZALES**

- Saturdays 10:00am - 12:00pm  
Canyon Creek Townhomes  
Community Room  
1834 Chablis Way

## **SOLEDAD**

- Thursdays 10:00am - 12:00pm  
Soledad WIC  
355 Gabilan Drive

## **GREENFIELD**

- Thursdays 10:00am - 12:00pm  
Greenfield Library  
315 El Camino Real

## **KING CITY**

- Wednesdays 10:00am - 12:00pm  
Villa San Miguel  
Community Room  
1201 Amherst Drive

Scan the QR Code  
to register for any  
Family Circle



# CÍRCULOS DE FAMILIA

Enero - Junio 2024

## **SALINAS**

- Lunes 11:00am - 1:00pm  
Salinas WIC  
632 E Alisal Street
- Lunes 3:00pm - 5:00pm  
Roosevelt Townhomes Sala Comunitaria  
522 Roosevelt Street
- Miércoles y Sábado  
10:00am - 11:30am & 12:30pm - 2:00pm  
Temple Beth El  
1212 Riker Street



## **GONZALES**

- Sábado 10:00am - 12:00pm  
Canyon Creek Townhomes  
Sala Comunitaria  
1834 Chablis Way

## **SOLEDAD**

- Jueves 10:00am - 12:00pm  
Soledad WIC  
355 Gabilan Drive

## **GREENFIELD**

- Jueves 10:00am - 12:00pm  
Biblioteca de Greenfield  
315 El Camino Real

## **KING CITY**

- Miércoles 10:00am - 12:00pm  
Villa San Miguel Sala  
Comunitaria  
1201 Amherst Drive

Escanea el código  
QR para  
registrarte en  
cualquier Circulo  
Familiar







Loaves, Fishes & Computers

## Fortaleciendo la comunidad a través de la tecnología

LFC se dedica a la inclusión digital en los condados de Monterey, San Benito y Santa Cruz proporcionando recursos gratuitos y de bajo costo que apoyan el acceso a nuestra creciente sociedad digital.

830 Park Row  
Salinas CA, 93901

Abierto martes a sábado  
10:00 am - 4:00 pm

831-393-9260

## Nuestros Servicios



**Computadoras Renovadas**  
Computadoras y accesorios renovados  
Las computadoras de escritorio  
empiezan en \$50



**Reparación y asistencia técnica**  
Obtenga ayuda con preguntas y  
problemas técnicos o deje su  
computadora para su reparación con  
nuestros técnicos



**Alfabetización Digital**  
Clases gratuitas de alfabetización  
digital e información sobre una  
variedad de habilidades y aplicaciones  
tecnológicas. ¡Contáctanos para más  
información!



**Apoyo para personas mayores**  
Servicios tecnológicos gratuitos para  
adultos de 60 años. En asociación con  
la Agencia del Área del Condado de  
Monterey sobre el Envejecimiento.  
(No incluye reparaciones)

## A quién servimos

Cualquier persona puede acceder a  
nuestros servicios. Se proporcionan  
recursos gratuitos y de bajo costo  
para las siguientes personas:

- Bajos ingresos (Pautas de HUD)
- Personas mayores de 60
- Veteranos
- Desempleados
- Beneficiarios de Medi-Cal/Medicare
- Beneficiarios de SNAP
- Personas discapacitadas
- Estudiantes que reciben almuerzo gratis / reducido
- Beneficiarios de CARES/Lifeline

¡Visitenos para averiguar si califica!

[www.LFCTech.org](http://www.LFCTech.org)

Tax ID: 27-0187805



Loaves, Fishes & Computers

## Strengthening Community Through Technology

LFC is dedicated to digital inclusion by serving the Monterey, San Benito & Santa Cruz counties by providing free and low-cost resources that support access to our ever increasing digital society

830 Park Row  
Salinas CA, 93901

Open Tuesday - Saturday  
10:00 am - 4:00 pm

831-393-9260

## Our Services



**Refurbished Computers**  
Refurbished computers & accessories  
for sale. Desktops start at \$50



**Repair & Tech Support**  
Get help with basic tech questions  
and issues or leave your computer for  
repair to our expert technicians



**Digital Literacy**  
Free digital literacy classes and  
information on a variety of tech skills  
and applications. Contact us for more  
information!



**Support for Seniors**  
Free tech services for adults 60+ years  
old. In partnership with the Monterey  
County Area Agency on Aging.  
(Repairs not included)

## Who we serve

Anyone can access our services.  
Low-cost and free resources are  
provided for the following  
individuals:

- Low-income (HUD Guidelines)
- Seniors 60+
- Veterans
- Unemployed
- Medi-Cal/Medicare Recipients
- SNAP Recipients
- Disabled
- Students receiving free/reduced lunch
- CARES/Lifeline Beneficiaries

Visit us to find out if you qualify!

[www.LFCTech.org](http://www.LFCTech.org)

Tax ID: 27-0187805



## Gonzales High School Senior Mock Interviews May 21 & 22, 2024

### We Need YOU!

As the time draws near for our seniors to graduate from Gonzales High School, many are preparing to enter the world of work for the very first time. The staff at GHS is committed to preparing our students for their first job interviews by requiring them to participate in mock interviews.

In order to provide a valuable experience for our students, we are looking for people to serve as interviewers. Your participation makes this event possible!

We are looking for: Volunteers who are willing to participate by "interviewing" our seniors!

Use the QR code below for a list of dates and times for our interview workshops. Please select as many time slots as you are willing to participate in! Please email [jasher@gonzales.k12.ca.us](mailto:jasher@gonzales.k12.ca.us) or [ldelatorre@gonzales.k12.ca.us](mailto:ldelatorre@gonzales.k12.ca.us) if you have any questions or concerns!

In addition, if you have any colleagues who would be interested in participating, We would love to invite them to work with our students as well. Thank you so much for helping the students of Gonzales High School become successful members of our community.

We look forward to hearing from you!





COME TO JOIN

# Senior Cooking Class

Friday, 10 May 2024  
Start 1:00 PM

**FREE  
ENTERY**



With



Taylor Farm Clinic  
850 5th Street  
Gonzales, Ca 93926

VEN A UNIRTE

# Senior Clase de Cocina

Viernes, 10 Mayo 2024  
Comenzar a las 1:00 PM

**GRATIS!**



With



Taylor Farm Clinic  
850 5th Street  
Gonzales, Ca 93926





The City of Gonzales is now  
accepting registrations for

# CHAIR YOGA!

**WHEN:** Saturday April 6, 13, & 27, 2024

**TIME:** 9AM-10AM

**WHERE:** Vosti Center-107 Centennial Dr,  
Gonzales, CA 93926

**PRICE:** \$28/ MONTH

**PAYMENTS CAN BE MADE THE FOLLOWING WAYS:**

- Gonzales City Hall-147 4th St, Gonzales, CA 93926
- By phone- (831) 675-5000
- During our 1st class April 6, 2024 (CASH & CHECK ONLY).



La ciudad de Gonzales está  
aceptando inscripciones para

# YOGA EN SILLA!

**CUANDO:** Sabado Abril 6, 13, & 27, 2024

**HORARIO:** 9am-10am

**UBICACIÓN:** Centro de Vosti-107 Centennial Dr,  
Gonzales, CA 93926

**PRECIO:** \$28/ MES

**LOS PAGOS SE PUEDEN HACER DE LAS SIGUIENTES**

**MANERAS:**

- Oficina de Gonzales-147 4th St, Gonzales, CA 93926
- Por teléfono- (831) 675-5000
- Durante nuestra primer clase el 6 de abril de 2024 (EFECTIVO Y CHEQUE SOLAMENTE).



# Senior Art Class

THURSDAY  
AT 10 AM  
GONZALES ADULT SCHOOL  
650 ELKO STREET,  
GONZALES CA 93926

See you there!



# Senior Classe de Arte

JUEVES  
A LAS 10 AM  
GONZALES ESCUELA DE ADULTOS  
650 ELKO STREET,  
GONZALES CA 93926

Te veo allí!





# LET'S TALK PERMITS **CFO** *Edition* \*

If you're considering starting a Cottage Food Operation, make sure to get your permit.

Here is a list of required documents to help get you started:

- ✔ Cottage (A or B) food operations inspection program permit application
- ✔ Product Labels
- ✔ Water bill
- ✔ Garbage bill
- ✔ Facility Opening Application
- ✔ California Food Handler Card

\* Cottage Food Operations



# HABLEMOS DE PERMISOS **CFO** \*

Si está pensando en abrir una empresa de comida casera, asegúrese de obtener el permiso.

Esta es una lista de los documentos necesarios que le ayudarán a empezar:

- ✔ Solicitud de permiso del programa de inspección de operaciones de comidas caseras (A o B)
- ✔ Etiquetas del producto
- ✔ Factura del agua
- ✔ Factura de la basura
- ✔ Solicitud de apertura del establecimiento
- ✔ Tarjeta de manipulador de alimentos de California

\* Operaciones de Comidas Caseras, conocidas en inglés como Cottage Food Operations (CFO)







## California funded a free college savings account for your child.

**Claim it now!**

CalKIDS is a program from the State of California that funds up to \$175 for eligible newborns and up to \$1,500 in free money for eligible low-income public school students to save for college and career training.\*



CRADLE TO CAREER  
COALITION



**To claim your funds, visit [CalKIDS.org](https://CalKIDS.org) today!**

\*Student eligibility is defined by the Local Control Funding Formula. The California Kids Investment and Development Savings Program (CalKIDS) is a children's savings account program, administered by the ScholarShare Investment Board, an agency of the State of California. CalKIDS will provide eligible participants with college savings accounts, including seed deposits and other potential incentives, to help pay for future qualified higher education expenses. To learn more about CalKIDS or opt out of the program entirely, please see the Program Information Guide at [CalKIDS.org](https://CalKIDS.org). CalKIDS participants may also establish individual accounts with ScholarShare 529, California's 529 College Savings Plan.



## California abrió una cuenta de ahorros para la universidad gratis para su hijo.

**¡Solicítela ahora!**

CalKIDS es un programa del estado de California que provee hasta \$175 para recién nacidos elegibles y hasta \$1,500 para estudiantes de escuelas públicas de bajos ingresos que califiquen. Es dinero gratis para ahorrar para la universidad o la capacitación profesional.\*



HARTNELL COLLEGE  
FOUNDATION



CRADLE TO CAREER  
COALITION



**¡Para solicitar sus fondos, visite [CalKIDS.org](https://CalKIDS.org) hoy!**

\*La elegibilidad de estudiantes está definida por la Fórmula de Control Local del Financiamiento. California Kids Investment and Development Savings Program (CalKIDS) es un programa de cuentas de ahorro para niños, administrado por ScholarShare Investment Board, una agencia del estado de California. CalKIDS brindará a participantes elegibles cuentas de ahorro para la universidad, incluidos depósitos iniciales y otros incentivos potenciales, con el fin de ayudar a pagar gastos de educación superior calificados. Para obtener más información sobre CalKIDS o elegir no participar en el programa en absoluto, consulte la guía de información del programa en [CalKIDS.org](https://CalKIDS.org). Los participantes de CalKIDS también pueden crear cuentas individuales con ScholarShare 529, el plan de ahorros universitarios 529 de California.